

SWIM WAVES:

WAVE #	START	DIVISION	CAP COLOR
Wave 1	6:52am	Pro Men	Navy
Wave 2	6:55am	Pro Women	Navy
Wave 3	6:59am	Elite Amateur Men	White
Wave 4	7:01am	Elite Amateur Women	White
PC Wave	7:03am	PC Athletes	Pink
Wave 5	7:05am	Charity (CAF & AFAC)	Green
Wave 6	7:10am	M 30-34 A-L	Royal B
Wave 7	7:15am	M 30-34 M-Z	Silver
Wave 8	7:20am	M 35-39 A-J	Black
Wave 9	7:25am	M 35-39 K-Z	Red
Wave 10	7:30am	M 40-44 A-F	Yellow
Wave 11	7:35am	M 40-44 G-M	Orange
Wave 12	7:40am	M 40-44 N-Z	Purple
Wave 13	7:44am	M 15-29	Navy
Wave 14	7:50am	M 45-49 A-J	White
Wave 15	7:55am	M 45-49 K-Z	Green
Wave 16	8:00am	Clydesdale 39 & Under	Royal
Wave 17	8:05am	Clydesdale 40 & Over	Silver
Wave 18	8:10am	M 50-54 A-J	Black
Wave 19	8:15am	M 50-54 K-Z	Red
Wave 20	8:20am	M 55-59	Yellow
Wave 21	8:25am	M 60 +	Orange
Wave 22	8:30am	W 60 + and Athena	Pink
Wave 23	8:35am	W 50-59	Purple
Wave 24	8:40am	W 45-49	Lt. Blue
Wave 25	8:45am	W 40-44 A-J	Navy
Wave 26	8:50am	W 40-44 K-Z	White
Wave 27	8:54am	W 35-39	Green
Wave 28	8:58am	W 30-34	Royal B
Wave 29	9:02am	W 15-29	Orange
Wave 30	9:06am	Relay Teams	Black
Wave 31	9:08am	Novice Women	Red
Wave 32	9:10am	TNT Women	Purple
Wave 33	9:14am	Novice Men & TNT Men	Yellow Silver